

# Trade of the Week

Thursday June 11, 2026



152.86  
SELL 1.89 154.75  
BUY

# Trade of the Week – XLV

EMA 50 close 148.66

**Underlying:** XLV (Health Care Select Sector SPDR ETF)

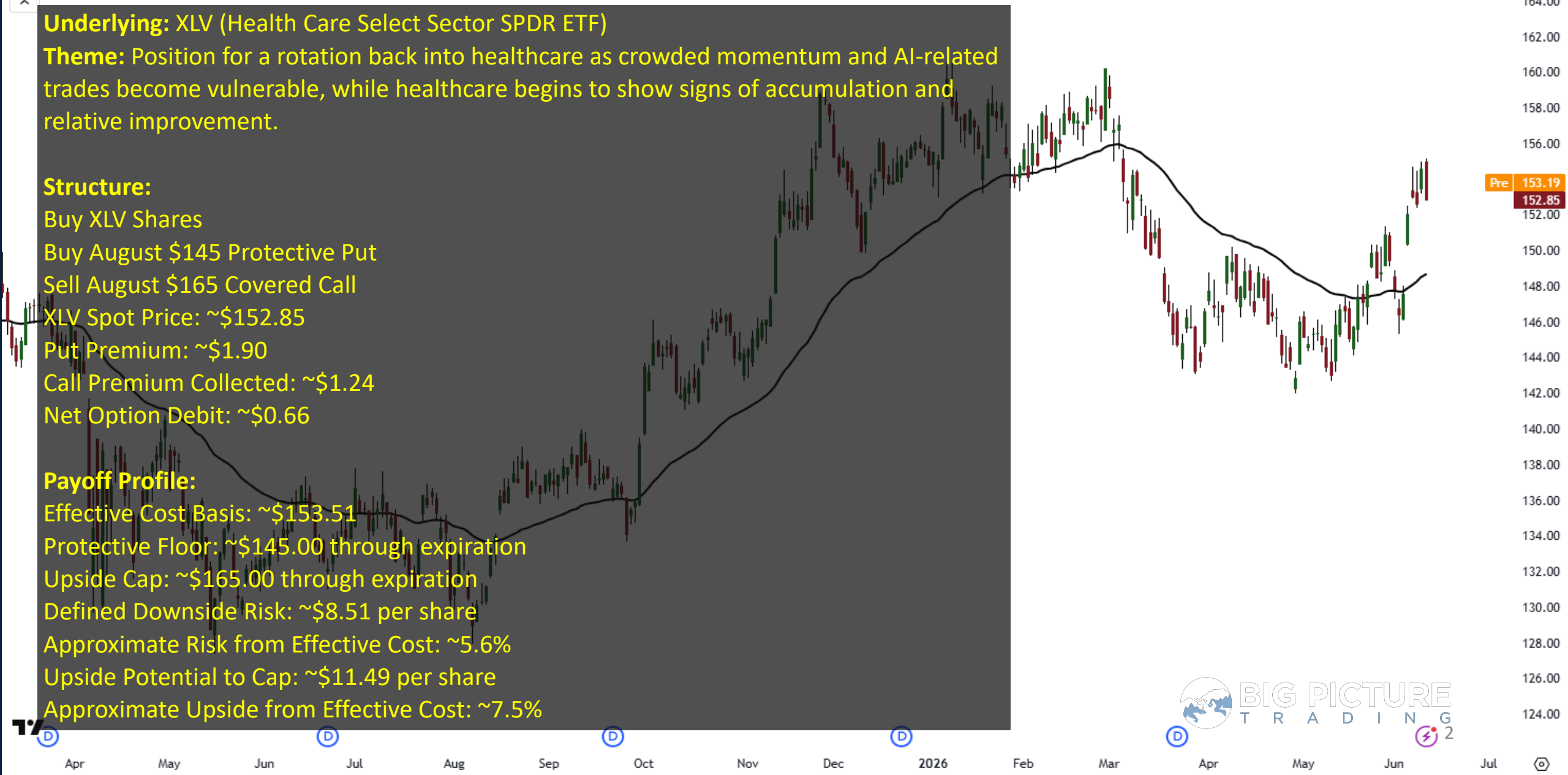
**Theme:** Position for a rotation back into healthcare as crowded momentum and AI-related trades become vulnerable, while healthcare begins to show signs of accumulation and relative improvement.

**Structure:**

- Buy XLV Shares
- Buy August \$145 Protective Put
- Sell August \$165 Covered Call
- XLV Spot Price: ~\$152.85
- Put Premium: ~\$1.90
- Call Premium Collected: ~\$1.24
- Net Option Debit: ~\$0.66

**Payoff Profile:**

- Effective Cost Basis: ~\$153.51
- Protective Floor: ~\$145.00 through expiration
- Upside Cap: ~\$165.00 through expiration
- Defined Downside Risk: ~\$8.51 per share
- Approximate Risk from Effective Cost: ~5.6%
- Upside Potential to Cap: ~\$11.49 per share
- Approximate Upside from Effective Cost: ~7.5%



7,334.25 SELL 0.25 7,334.50 BUY

EMA 50 close 7,286.30

# S&P500 Futures



7,334.50  
12:26:23



3



100.045  
SELL

0.000

100.045  
BUY

EMA 50 close 99.083

# US Dollar Index



110.000

109.000

108.000

107.000

106.000

105.000

104.000

103.000

102.000

101.000

100.045  
14:25:56

99.000

98.000

97.000

96.000

95.000



89.05 SELL 0.02 89.07 BUY

EMA 50 close 93.13

# Crude Oil Futures (Continuous)



USD  
 BLL  
 112.00  
 108.00  
 104.00  
 100.00  
 96.00  
 92.00  
 89.07  
 12:25:31  
 84.00  
 80.00  
 76.00  
 72.00  
 68.00  
 64.00  
 60.00  
 56.00  
 52.00



4,115.8 SELL 0.4 4,116.2 BUY

# Gold Futures

EMA 50 close 4,570.9



4,116.2  
12:25:02



6



81.30 SELL 7.10 88.40 BUY

EMA 50 close 85.55

# Uranium U3O8 Futures



4.608  
SELL

-0.002

4.606  
BUY

# 10-year US Gov Treasury Yield

EMA 50 close ↻ 4.428%



A man with short brown hair, wearing a blue suit jacket over a white shirt, is sitting at a desk. His hands are clasped in front of him. He is looking directly at the camera with a serious expression. The background is a dark blue wall with glowing, curved lines and faint, white financial data points like percentages and numbers.

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